



**FREE THE CHILDREN**  
children helping children through education

Trick-or-treat for non-perishable foods instead of candy and help support food banks in your community.

## WHY PARTICIPATE?

Hunger is a daily reality for millions of people in North America and around the world.

## WHO CAN PARTICIPATE?

Anyone, individual or group, can take part this October 31!

## QUICK FACTS

- Over 800,000 Canadians use food banks each month—28% are children and youth.
- One in eight Americans relies on food banks. Nearly 14 million are children.

**HALLOWEEN**  
FOR  
**HUNGER**



## LEARN MORE & SIGN UP!

Visit [www.freethechildren.com/halloweenforhunger](http://www.freethechildren.com/halloweenforhunger) or e-mail [youth@freethechildren.com](mailto:youth@freethechildren.com).