



ONE NIGHT OUT

Youth across the UK are taking one night out to dispel the myths and raise awareness of homelessness in their communities.

The One Night Out campaign is centered around the sleep-out event when participants deepen what they've learned about homelessness and plan how to make a difference in their communities.

DEMYSTIFY HOMELESSNESS

What is the first thought you have when you walk past a man sitting on the street, hand held up for change? How about the young woman on the steps of a community centre waiting quietly for it to open?

- Across the UK there are tens of thousands of people who are homeless at one point or another
- 84,000 children in London live in insecure or temporary accommodation
- Millions struggle to pay rent or mortgage
- An estimated 1,768 sleeping rough on any given night, in England alone
- There are countless hidden homeless, people who have jobs but just can't earn enough to afford housing

THREE STEPS

Education: Leading up to the event, participants learn about the many faces of homelessness and its causes and effects.

One Night Out: Participants spend a night in their school hall using educational and awareness raising activities to reflect more deeply on the challenges facing the homeless.

Action: Finally, they share what they've learned with their peers and take meaningful action to raise awareness and help those experiencing homelessness in their communities.

**MORE THAN 100 MILLION PEOPLE
WORLDWIDE ARE HOMELESS**

